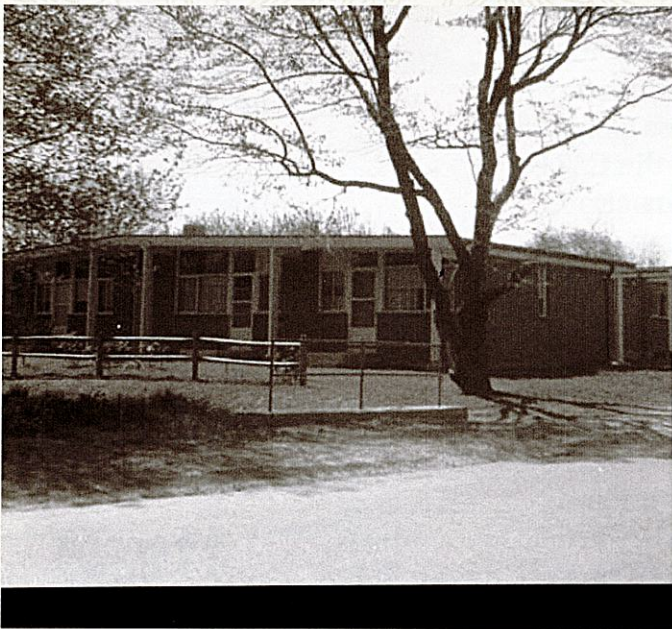




21 Highland Circle, Suite 10 • Needham, MA 02494

Mar/Apr/May 2025



### **WHY REDEVELOPMENT IS NECESSARY**

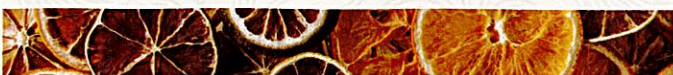
The existing Linden Street studio apartments are more than 60 years old, worn out, cramped, and in need of replacement. Redevelopment will meet safety, accessibility, and energy efficiency standards. By replacing and upgrading existing housing, we can enhance safety features to ensure secure living environments, improve energy efficiency to reduce utility costs, incorporate modern amenities that enhances quality of life, and create sustainable housing that will serve future generations.

We understand that change can be challenging, but we are committed to making this transition as smooth as possible for all residents.

Dear Tenants and Staff,

We hope this message finds you well. We are writing to express our commitment to fostering a positive and respectful environment within our community. As we navigate our daily interactions, it is crucial that we all engage in decorum in our communication with one another. Effective communication is the cornerstone of a harmonious community. It allows us to express our thoughts, address concerns, and build strong relationships based on mutual respect. Therefore, we kindly ask everyone to consider the following guidelines when communicating with fellow tenants and staff: **Respectful Language:** Please use polite and considerate language in all conversations. Avoid using offensive or derogatory terms. **Active Listening:** Listen attentively to others and make an effort to understand their perspectives. This fosters empathy and constructive dialogue. **Constructive Feedback:** When providing feedback, focus on the issue at hand rather than personal attributes. Offer suggestions for improvement rather than criticism. **Patience and Understanding:** Recognize that we all come from diverse backgrounds and may have different viewpoints. Approach discussions with patience and an open mind. **Conflict Resolution:** Address conflicts calmly and respectfully. By adhering to these principles, we can create an atmosphere where everyone feels valued and heard. Together, we can build a community characterized by civility, kindness, and cooperation. Thank you for your attention to this matter and your ongoing commitment to maintaining a respectful environment.

"Kindness is helping the world, one person at a time".





### Ice Alert

We all know driving can be treacherous in snow and ice, but just getting from your car to your apartment can be dangerous as well. Please be careful when walking through the community this winter and if you notice icy patches on sidewalks or stairwells, please let us know so we can dispatch maintenance to salt the areas.



### Office Closures for 2025

New Year's Day	1/1
MLK Day	1/20
Presidents Day	2/17
Patriots Day	4/21
Memorial Day	5/26
Juneteenth	6/19
Independence Day	7/4
Labor Day	9/1
Columbus Day	10/13
Veterans Day	11/11
Thanksgiving	11/27
Black Friday	11/28
Christmas	12/25

**SORRY! WE'RE  
CLOSED**

## Activities

### Arts & Crafts with Laurie

- Linden/Chambers Community Room, every Wednesday between 1-2pm

### Board Games with Laurie

- Linden/Chambers Community Room, every Thursday between 1-2pm

### Coffee Hour with the CATH

- Linden/Chambers Community Room on the second Tuesday of the month at 10am
- Seabeds Way Community Room on the second Thursday of the month at 11am

### Tech & Tablets with Karen

- Linden/Chambers Community Room on the third Wednesday of every month
- Seabeds Community Room on the fourth Wednesday of every month

\*For a list of Springwell events, please view their newsletter or the bulletin board at the Linden & Chambers Community Room.



## Health & Wellness

### Chair Yoga with Nicole:

- Linden/Chambers Community Room, every Friday between 12-1pm.
- Seabeds Way Community Room, every Friday between 1:30-2:30pm

### Walking Club with Laurie:

- Linden/Chambers Community Room, every Tuesday between 11-12pm

### Blood Pressure Clinics

- Scheduled monthly. Notices will be posted on the bulletin boards in common areas specifying dates and times. A robo call will also be sent out.



### What's New?

We're thrilled to announce that Laurie Blake, our Resident Service Coordinator, is now sharing an office space with Polina from Springwell! Laurie's office hours are Tuesday through Thursday, and while you may often find her in the community room, she's always happy to meet with you.

If you'd like to schedule some time with Laurie or Polina, or simply stop by to chat, visit our new office at 186B Linden St. We look forward to seeing you there!



### Tax Assistance

The 2025 VITA Program offers free tax preparation to low-income households at the Boston Public Library Branches. Please visit our website for a list of locations.

The Center at the Heights also offers free tax assistance for seniors on Tuesdays and Thursdays between 10-3pm. Please contact (781) 455-7555 to book an appointment.



### Manager's Corner

Attention Residents:

Do not leave garbage and trash on the grounds. We have numerous trash bins around the properties for residents to use. Residents who do not dispose of their garbage properly are violating their lease. Your cooperation is greatly appreciated.



### Staff Directory

#### Direct Work Numbers

Blair ..... (781) 727-9047  
Elena ..... (781) 343-3839  
Laurie ..... (781) 401-0799  
Liz ..... (781) 726-5183  
Tracey ..... (774) 407-1414

\*For emergency work orders after hours, please call the main office line.



#### Main Office Numbers

Main Office ..... (781) 444-3011  
Fax ..... (781) 444-1089  
Cheryl Gosmon ..... Ext. 212  
Marie Celestin ..... Ext. 210  
Salim Pillai ..... Ext. 215  
Blair Fetzer ..... Ext. 213  
Elena Choy ..... Ext. 218  
Liz Fay ..... Ext. 214  
Tracey Hunter ..... Ext. 219

\*Please be aware that Laurie no longer has an extension.

#### Office Hours

Monday	7:30am - 4:00pm
Tuesday	7:30am - 4:00pm
Wednesday	7:30am - 4:00pm
Thursday	7:30am - 4:00pm
Friday	7:30am - 1:00pm
Saturday	CLOSED
Sunday	CLOSED

### Resources at a Glance

#### Center at the Heights:

- The Center at the Heights promotes health and wellness by providing a place to socialize and offering a variety of ongoing recreational, health, educational and informational programs and activities. Contact 781-455-7555 for a list of resources available to residents.

#### Food Pantry:

- Contact 781-444-2415 for more information.

#### New Life Furniture Bank:

- Contact Blair or Liz at 781-444-3011 if you need a referral for free, gently used furniture.

#### REquipment:

- They are a durable medical equipment (DME) re-use program offering free refurbished wheelchairs, scooters and shower chairs. <https://dmerequipment.org/>

#### Springwell:

- Springwell is a private, non-profit organization that provides a wide range of elder services. Please contact their office at 617-926-4100 for more information.

#### YMCA:

- Contact Jill Barber at 781-675-3169 to receive a scholarship form.



March 2025						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

- 1 Linden Chambers Residents Association Monthly Board Meeting
- 13 Boston Rovers St. Pat's Party. 5 Chambers Street 5 pm
- 17 Happy St. Patrick's Day
- 20 NHA Monthly Board Meeting
- 31 Rent Is Late

April 2025						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

- 1 Linden Chambers Residents Association Monthly Board Meeting
- 17 NHA Monthly Board Meeting
- 21 Patriots Day - Office Is Closed
- 30 Rent Is Late

May 2025						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

- 1 Linden Chambers Residents Association Monthly Board Meeting
- 15 NHA Monthly Board Meeting
- 26 Memorial Day - Office Is Closed
- 31 Rent Is Late

**NEEDHAM HOUSING AUTHORITY**  
**21 HIGHLAND CIRCLE**  
**NEEDHAM, MA 02494**